

Your Child's Early Development is a Journey

You know your child best. If you are concerned about your child's development call Help Me Grow Solano at 844-501-KIDS(5437) to be connected to services and programs in Solano County.

TIP: Respond to your baby's first smiles, gurgles, and coos — she's talking to you and wants you to talk, too!

Birth to 2 MONTHS

- Coos, makes gurgling sounds
- Turns head toward sounds



4 MONTHS

- Begins to babble
- Babbles with expression and copies sounds he hears



TIP: Hold and talk to your baby; smile and be cheerful while you do.

6 MONTHS

- Responds to sounds by making sounds
- Responds to own name
- Begins to say consonant sounds (jabbering with "m," "b")



TIP: Read books to your baby every day. Praise him when he babbles and "reads" too.

9 MONTHS

- Understands "no"
- Makes a lot of different sounds like "mamamama" and "bababababa"

2 YEARS

- Points to things or pictures when named
- Says sentences with 2 to 4 words
- Follows simple instructions

18 MONTHS

- Says several single words
- Points to show someone what he wants

TIP: When you read with your child, have her turn the pages. Take turns labeling pictures with your child.

12 MONTHS

- Uses simple gestures, like shaking head "no" or waving "bye-bye"
- Tries to say words you say



TIP: Describe what your baby is looking at; for example, "red, round ball."



3 YEARS

- Follows instructions with 2 or 3 steps
- Talks well enough for strangers to understand most of the time
- Carries on a conversation using 2 to 3 sentences

4 YEARS

- Tells stories
- Can say first and last name
- Knows some basic rules of grammar, such as correctly using "he" or "she"

5 YEARS

- Speaks very clearly
- Says name and address
- Uses future tense; for example, "Grandma will be here."



Help Me Grow
Solano



Help Me Grow Solano
provides free and
confidential connections to
resources and services for

- * Basic Needs & Family Support
- * Development
- * Health
- * Referrals and screenings
 - * Developmental
 - * Behavioral
 - * Social-emotional



Get connected
to resources
and services in
Solano County.



Have questions about
your child's learning,
development, or
behavior?

Call 1-844-501-5437
or visit
helpmegrowsolano.org

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